

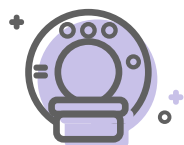


# LUNG SCREENING FACT SHEET

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Get your lungs screened!

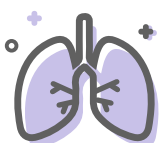
# WHAT IS LUNG SCREENING?



A **preventative** health check - like a mammogram or colonoscopy - that creates a 3-D picture of your lungs with a **LOW**-dose CT (LDCT) scan.



**Quick** and **painless** - takes less than a minute.



Annual scan to make sure your lungs **stay healthy** and cancer-free, and to look for any changes from year to year.

## SHOULD I GET SCREENED?

### Lung Screening Eligibility Criteria



Are 50-80 years



Is a heavy smoker with a  $\geq 20$  pack-year smoking history



Be a current smoker OR have quit within the past 15 years

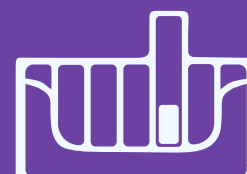


## WHO IS A HEAVY SMOKER?

Heavy smokers have smoked for at least 20 "pack years".

## WHAT IS A PACK-YEAR?

Pack-Year is a way to measure the amount a person has smoked over a long period of time. It is calculated by multiplying the number of packs of cigarettes smoked per day by the number of years the person has smoked.



### EXAMPLES

$$1 = 1 \times 1$$

PACK YEAR	PACK A DAY	YEAR
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$$1 = 2 \times 1/2$$

PACK YEAR	PACK A DAY	YEAR
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# RISKS



Some people may have a false alarm. This means that they will have a positive lung screen but no cancer is found.



May find something unusual in the lungs that is not lung cancer and need more tests.



Exposed to small amount of radiation, equivalent to 50 cross-country flights.

# WHY YOU SHOULD SCREEN



Lung screening can detect cancer **early** when it's the most **treatable**.



No preparation, no needles. **Painless and simple!**



Screening is **FREE** for eligible people with Medicare and other health insurance.



Getting screened does not mean you will be diagnosed with cancer.

# BENEFITS



Your life may be saved if lung cancer is found in its early stages.



More treatment options are available at early stages of lung cancer diagnosis.

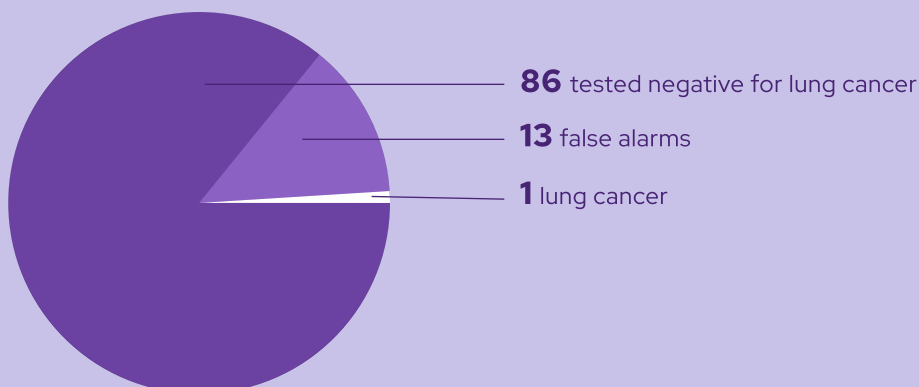


Lung screening decreases your risk of dying from lung cancer by 20%.

## Most people screened do not have lung cancer

While false-positive results are possible, even these false alarms rarely indicate cancer.

OF 100 PEOPLE WHO CURRENTLY OR FORMERLY SMOKED SCREENED WITH LDCT\*



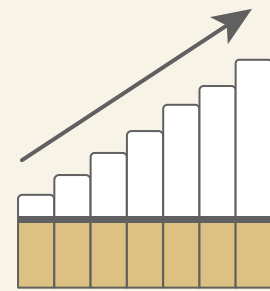
If you are diagnosed with lung cancer, your healthcare provider will help you choose the best path forward.

\*Based on a review of data from the National Lung Screening Trial using Lung-RADS™ criteria.

# LUNG CANCER IN CHINESE AMERICANS



Lung cancer is the 2nd most common cancer diagnosed among Chinese American males and the 4th most common cancer diagnosed among Chinese American females.



Lung cancer is a growing concern among the Chinese American community due to the high prevalence of cigarette smoking.



People in certain occupations such as livery driving, restaurant and construction work are at greater risk for lung cancer due to constant environmental exposure to harmful particles and black carbon pollution.



17.9% of men and women with lung cancer are non-smokers.